

Femme Lean & Balance

Weight Loss for Women

Femme Lean & Balance by Max Muscle Sports Nutrition is an advanced and scientifically-based formula designed for the special needs of adult females. **Femme Lean & Balance** is designed to support accelerated weight loss, specifically fat, provide a clinically proven appetite suppressant and to promote healthy estrogen levels and hormone balance.

Femme Lean & Balance is composed of two powerful and scientifically supported Blends, including the **Femme Lean & Balance Weight Loss Blend** and the **Femme Lean & Balance Hormonal Support Blend**. The Weight Loss Blend contains the evidence-based benefits of Slimaluma™, Green Tea Extract, Cocoa Nut Extract, Phenylethylamine (PEA), Yerbe Mate Extract, Green Tea Extract, and Damiana Extract (*Turnera diffusa*). The Hormonal Support Blend contains Soy Isoflavones and Licorice Extract (DGL). To optimize the utilization and metabolic benefits of both blends, Pyridoxine (Vitamin B6), D-Calcium Pantothenate (Vitamin B5) and Chromium Polynicotinate have been added to complete this comprehensive formula.

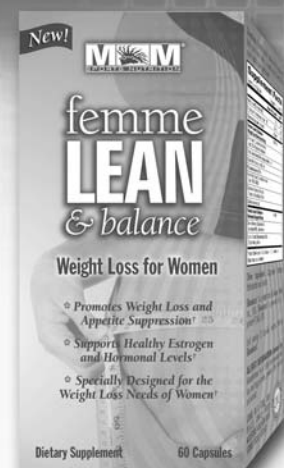
Slimaluma™ is a patented extract (U.S. patent #7,060,308) of the *Caralluma fimbriata*, a succulent plant and member of the cactus family, which has been successfully used as a natural appetite suppressant in India for centuries. Slimaluma™ has a proven safety record as demonstrated by five toxicology and mutagenicity studies. Several human clinical trials have proven its efficacy to suppress hunger, reduce body weight and body fat, reduce body mass index (BMI), and reduce waist and hip circumference. The proposed mechanism of weight loss appears to be through appetite control. The key phytochemical ingredients in Slimaluma™ appears to be the pregnane glycosides, flavone glycosides, and megastigmane glycosides. It has been proposed that the pregnane glycosides block lipogenesis (fat synthesis) by as much as 35% by inhibiting a key fat synthesis enzyme called ATP-citrate lyase. A second enzyme, malonyl coenzyme A, has also been postulated to be inhibited. Slimaluma™ has been shown to inhibit differentiation of pre-adipocytes into adipocytes (new fat cells) indicating the reduction of new fat cell lines. Slimaluma™ has been affirmed GRAS status and is certified Kosher, certified Halal, and USDA certified Organic.

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Your assurance of quality®

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www.maxmuscle.com



Size: 60 Capsules

Serving Size: Two (2) Capsules

Servings Per Container: 30

KEY FEATURES

- Promotes Weight Loss, Especially Fat and Appetite Suppression.[†]
- Supports Healthy Estrogen and Progesterone Balance to Provide a Optimal Weight Loss Status.[†]
- Clinically Proven and Evidence-Based Ingredients.[†]
- Specially Designed for the Weight Loss Needs of Women.

KEY MESSAGES

- Formulated specifically for women, contains the Femme Lean & Balance Weight Loss Blend and Femme Lean & Balance Hormonal Support Blend, two powerful blends to support weight loss and hormonal support.[†]
- Scientifically formulated with the patented ingredient Slimaluma™ that clinical studies have shown to suppress appetite by blocking the hunger signals sent from the stomach to the hypothalamus in the brain, limit fat accumulation and reduce the formation of fat.[†]
- Slimaluma™ has been shown to limit fat accumulation by reducing the formation of new fat (pre-adipocytes into adipocytes) by 35% in cell line studies.[†]
- The key bioactive phytochemical in Slimaluma™ appears to be the pregnane glycosides proposed to reduce fat formation by blocking two key fat synthesis enzymes ATP-citrate lyase and malonyl coenzyme A.[†]
- Contains additional weight loss supportive and thermogenic ingredients include Green Tea Extract standardized with highly concentrated levels of epigallocatechin gallate (EGCG), Cocoa Nut Extract, Phenylethylamine (PEA), Yerbe Mate Extract, Damiana Extract (*Turnera diffusa*), and Caffeine.[†]
- The Hormonal Support Blend contains Soy Isoflavones and Licorice Root Extract (DGL, Deglycyrrhized) to promote healthy estrogen and progesterone levels for optimal weight loss.[†]

TARGET MARKET

Primary: Female seeking to tone, reduce body fat and support healthy estrogen and hormonal levels.

Secondary: Females seeking more energy, stamina, and sexual benefits. Females seeking immune function support.

RECOMMENDED STACK

- | | |
|--------------------|----------------------|
| • Max CLA | • Regena-Pro |
| • Max Lean Protein | • Max Glutamine Caps |
| • Regena-Pro | • Max BCAA |

Femme Lean & Balance

60 Capsules

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Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

	Amount Per Serving	% DV*
Pyridoxine HCL (Vitamin B6)	10 mg	500
D-Calcium-Pantothenate (Vitamin B5)	12.5 mg	200
Chromium (as Polynicotinate)	160 mcg	133
Femme Lean & Balance	1,100 mg	**
Weight Loss Blend providing:		
Slimaluma™ (Caralluma fimbriata) (min. 25% Pregnane Glycosides), Yerbe Mate Extract (Ilex paraguariensis) (Leaf), Cocoa Nut Standardized Extract, Phenylethylamine (PEA), Green Tea Extract (Camellia sinensis) (Leaf, 45% EGCG), Damiana Standardized Extract (Turnera diffusa) (Leaf, Stem), Caffeine (anhydrous)		

Femme Lean & Balance	200 mg	**
Hormonal Support Blend providing:		
Soy Isoflavones (standardized to contain 40% Isoflavones), Licorice Root Extract (Deglycyrrhized, DGL) Glycyrrhiza glabra)		

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

**Daily Value not established

Directions: Female adults take two (2) capsules daily one hour before a meal or as directed by your health care practitioner.

Other Ingredients: Magnesium Stearate, Maltodextrin and Gelatin.

Each serving (2 capsules) contains 500 mg Slimaluma™.

Slimaluma™ is a trademark of Gencor Pacific, Inc., USA. Slimaluma™ is protected by U.S patent #7,060,308.

ALLERGY INFORMATION: Manufactured in a facility that processes milk, soy and egg proteins, peanuts, other tree nuts and wheat.

WARNING: This product has been specially formulated for adult women. Consult a Physician before starting any diet and exercise program and before using this product. Not for use by individuals under the age of 18 years old. Do not use if pregnant or nursing. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience unexpected side effects. If taking prescription medications, consult a licensed healthcare practitioner prior to use.

KEEP OUT OF THE REACH OF CHILDREN. STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE AND SUNLIGHT. ALWAYS KEEP TIGHTLY SEALED.

To report a serious adverse event, contact:
Max Muscle Sports Nutrition
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The specially selected Green Tea Extract contains highly concentrated levels of Epigallocatechin gallate (EGCG). EGCG is the most predominant tea catechin and numerous studies have now demonstrated its effect in reducing body weight, mainly body fat by increasing thermogenesis and fat oxidation (fat burning). It has been proposed that the thermogenic stimulating effect of EGCG is by the inhibition of catechol-O-methyltransferase. Green Tea Extract also boosts and supports mood, enhances energy and promotes a sense of well-being.

Cocoa Nut Extract contains a wide variety of constituents including polyphenols, caffeine, tyramine, phenylethylamine (PEA) and theobromine. Theobromine is a primary compound found in chocolate and has effects as a mild natural stimulant and can boost energy and mood. Phenylethylamine (PEA) also acts as a natural stimulant to support weight loss. PEA helps to curb appetite and supports a positive mood and sense of well being without jitters or nervousness. Additional PEA has been added to the formula due to the benefits of this ingredient. The addition of Caffeine to **Femme Lean & Balance** provides an additional thermogenic benefit, to help speed up metabolism and fat oxidation effect

Yerbe Mate Extract has been added as it contains caffeine, theobromine, theophylline and many other compounds. Yerbe Mate Extract is a natural stimulant, mild diuretic, and it promotes cleansing and detoxification during weight loss. Yerbe Mate Extract, when combined with Damiana Extract (Turnera diffusa) has been shown to prolong gastric emptying time (stomach fullness) resulting in statistically significant weight loss compared to a placebo.

The **Femme Lean & Balance Hormonal Support Blend** contains Soy Isoflavones to help balance estrogen and progesterone levels. There are many types of isoflavones which are chemically similar to the estrogens found in humans. Isoflavones help to support and maintain estrogen levels for maximum weight loss. In addition to the benefits of the Soy Isoflavones, we added Licorice root extract (DGL) Deglycyrrhized, a licorice preparation from which glycyrrhizic acid has been removed. Licorice has been shown to promote healthy estrogen and progesterone activity.

All these ingredients combine to make **Femme Lean & Balance** a scientifically advanced and comprehensive formula for women to achieve their weight loss goals.

Key References:

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