

# Anabol Cuts

## Thermo-Anabolic Accelerator<sup>†</sup>

**Anabol Cuts** is a scientifically-based formula designed for adult males to support accelerated weight loss, specifically fat, provide a clinically proven appetite suppressant and to promote healthy testosterone levels. **Anabol Cuts** combines the evidence-based benefits of Slibaluma<sup>™</sup>, Testofen<sup>™</sup>, EGCG derived from Green Tea, and the thermogenic/fat mobilizing ingredient caffeine.

Slibaluma<sup>™</sup> is a standardized extract of *Caralluma fimbriata*, a succulent plant and member of the cactus family, which has been used as a natural appetite suppressant in India for centuries. Slibaluma<sup>™</sup> has been proven safe and effective in several human clinical trials to suppress hunger, reduce body weight and body fat, reduce body mass index (BMI), and reduce waist and hip circumference. Five toxicology and mutagenicity studies have validated its safety. This natural ingredient has been shown to support appetite control leading to weight loss. Key phytochemical constituents in Slibaluma<sup>™</sup> include pregnane glycosides, flavone glycosides, megastigmane glycosides, bitters principles, saponins, flavonoids, and others. It has been proposed that the pregnane glycosides block fat synthesis by as much as 35% by inhibiting a key fat synthesis enzyme called ATP-citrate lyase. A second enzyme, malonyl coenzyme A, has also been postulated to be inhibited by the bioactive ingredients found in *Caralluma fimbriata*. Slibaluma<sup>™</sup> has been shown to inhibit differentiation of pre-adipocytes into adipocytes (new fat cells) indicating the reduction of new fat cell lines. Slibaluma<sup>™</sup> has been affirmed GRAS status and is certified Kosher, certified Halal, and USDA certified Organic.

Testofen<sup>™</sup> is a fenugreek extract containing a wide variety of phytochemicals including the furostanol saponins and steroidal saponins. Fenugreek also contains protodioscin, gracillin, dioscin and many other saponins. Testofen<sup>™</sup> is standardized to contain at least 50% fenusides which are the primary bioactive ingredients. Demonstrated in a 60 subject, double blind, randomized, placebo control human clinical trial, Testofen<sup>™</sup> has shown to increase muscle mass and muscle strength, increase levels of free testosterone by 98%, increase

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**Size:** 60 Capsules  
**Serving Size:** One (1) Capsule  
**Servings Per Container:** 60

### KEY FEATURES

- Promotes Weight Loss, Especially Fat and Appetite Suppression<sup>†</sup>
- Supports Lean Body Mass<sup>†</sup>
- Supports Healthy Testosterone Levels and Libido<sup>†</sup>
- Clinically Proven and Evidence-Based Ingredients<sup>†</sup>
- Specially Designed Male Formula to Build Muscle and Burn Fat<sup>†</sup>

### KEY MESSAGES

- Scientifically formulated for males with two powerful evidence-based ingredients, Testofen<sup>™</sup> and Slibaluma<sup>™</sup> to build muscle and burn fat.<sup>†</sup>
- Formulated with Testofen<sup>™</sup>, a clinically supported fenugreek extract shown to increase testosterone (by 98% compared to placebo), increase muscle mass and strength, increase libido, reduce abdominal fat and enhance energy.<sup>†</sup>
- Testofen<sup>™</sup> has been shown to reduce blood urea nitrogen (BUN) levels indicating a prevention of protein catabolism (breakdown) for maximum building of lean muscle mass.<sup>†</sup>
- Contains the patented ingredient Slibaluma<sup>™</sup> clinically proven efficacious to suppress hunger, reduce body fat, reduce body mass index (BMI) and maintain ideal blood pressure.<sup>†</sup>
- Slibaluma<sup>™</sup> has been shown to reduce the formation of new fat (pre-adipocytes into adipocytes) by 35% in cell line studies.<sup>†</sup>
- The key bioactive phytochemical in Slibaluma<sup>™</sup> appears to be the pregnane glycosides proposed to block two key fat synthesis enzymes ATP-citrate lyase and malonyl coenzyme A.<sup>†</sup>

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Your assurance of quality<sup>®</sup>

1641 S. Sinclair Street • Anaheim, California 92806 • 714.456.0700 • 714.456.0727 fax

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## Anabol Cuts

60 Capsules

**Size:** 60 Capsules  
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### Supplement Facts

Serving Size: 1 Capsules Servings Per Container: 60

Amount Per Serving	%DV*
<b>Anabol Cuts Proprietary Blend providing:</b>	800mg
Slimaluma™ (Caralluma fimbriata), (Min. 25% Pregnane Glycosides)	†
Testofen™ (Fenugreek extract standardized to contain 50% fenuside)	†
Green Tea Extract (standardized to contain 45% EGCG [Epigallocatechin gallate])	†
Caffeine (anhydrous)	†

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily value not established.

**Directions:** Male adults take one (1) to two (2) capsules daily one hour before a meal or as directed by your health care practitioner.

**Other Ingredients:** Magnesium stearate and gelatin.

Each capsule contains 250mg of Slimaluma™ (Caralluma fimbriata), (Min. 25% Pregnane Glycosides)

Slimaluma™ is a trademark of Gencor Pacific, Inc., USA. Slimaluma™ is protected by U.S patent #7,060,308.

Testofen™ is a trademark of Gencor Pacific Inc., USA

**Does not contain:** Yeast, corn, wheat, soy, gluten, milk, salt, sugar, starch, preservatives or artificial color.

**ALLERGY INFORMATION:** Manufactured in a facility that processes milk, soy and egg proteins, peanuts, other tree nuts and wheat.

**WARNING:** Do not take this product if you are female. Do not take this product if you have prostate hypertrophy, liver disease, kidney or heart disease. Consult a Physician before starting any diet and exercise program and before using this product. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience unexpected side effects. If taking prescription medications, consult a licensed healthcare practitioner prior to use.

KEEP OUT OF THE REACH OF CHILDREN. STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE AND SUNLIGHT. ALWAYS KEEP TIGHTLY SEALED.

To report a serious adverse event, contact:  
Max Muscle Sports Nutrition  
1641 South Sinclair St.  
Anaheim, CA 92806  
www.maxmuscle.com

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libido, reduce abdominal fat and increase energy levels. The observed reduction in Blood Urea Nitrogen (BUN) indicates that Testofen™ prevents protein catabolism (breakdown), thus enabling the maximum building of lean muscle mass.

**Anabol Cuts** also contains Green Tea Extract containing highly concentrated levels of Epigallocatechin gallate (EGCG). EGCG is the most predominant tea catechin and numerous studies have now demonstrated its effect on reducing body weight, mainly body fat, by increasing thermogenesis and fat oxidation (fat burning). It has been proposed that the thermogenic stimulating effect of EGCG is by the inhibition of catechol-O-methyltransferase. The addition of Caffeine to **Anabol Cuts** provides an additional thermogenic, metabolic and fat oxidation effect.

### Key References:

1. Kuriyan R et al. Effect of Caralluma fimbriata extract on appetite, food intake and anthropometry in adult Indian men and women. *Appetite* 2007;48:338-44.
2. Lawrence RM and Choudhary S. Caralluma fimbriata in the Treatment of Obesity. 12th Annual World Congress of Anti-Aging Medicine, December 2004, Las Vegas NV, USA.
3. Shixian Q et al. Green tea extract thermogenesis-induced weight loss by epigallocatechin gallate inhibition of catechol-O-methyltransferase. *J Med Food* 2006;9:451-8.
4. Westerterp-Plantenga MS et al. Body weight loss and weight maintenance in relation to habitual caffeine intake and green tea supplementation. *Obes Res* 2005;13:1195-204.
5. Astrup A et al. Caffeine: a double-blind, placebo-controlled study of its thermogenic, metabolic, and cardiovascular effects in healthy volunteers. *Am J Clin Nutr* 1990;51:759-67.
6. Belza A et al. The effect of caffeine, green tea and tyrosine on thermogenesis and energy intake. *Eur J Clin Nutr* 2007; Sept. 19.

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- Contains Green Tea Extract standardized with highly concentrated levels of epigallocatechin gallate (EGCG). Published studies have demonstrated the efficacy of EGCG in reducing body fat, increasing thermogenesis and fat oxidation (fat burning)†
- Caffeine has added to the formula to provide additional thermogenic, metabolic and fat oxidation effect†

### TARGET MARKET

**Primary:** Male bodybuilders and athletes seeking to build muscle, reduce body fat and support healthy testosterone levels.

**Secondary:** Males seeking more energy, stamina, libido, and sexual benefits. Males seeking immune function support.

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### RECOMMENDED STACK

- SurGH
- Iso-Extreme
- High 5
- Max Glutamine Caps
- Max ZMA
- Max BCAA